

FUNDAMENTAL MOTOR SKILL PROGRAM @ PPS



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EXELLYSPORTS.COM.AU

INFORMATION

MULTI SPORT FUN!

Programmes run weekly on one day a week for one hour.

This term we will focus on the following skills:

✓ Catching
 ✓ Game awareness
 ✓ taking turns

✓ Throwing
✓ Striking

Kelly Sports runs programs to teach children the fundamentals of sport. This 10 week program is all inclusive with high participation. Our key aims are to develop and enhance the following skills – running, jumping, catching, throwing, passing, kicking and striking:

The Fundamental Skills Program includes:

- Motor Skill Development
- Balance and Hand- Eye Coordination
- Introduction to a variety of sports -Soccer, Basketball, Handball, Hockey, Football and more.

For 3-5 year old children.

PRICE: \$100 FOR 10 WEEK PROGRAM

Parkside Pre School - Wednesdays, 9:30am - 10.00am

Begins: Starts - 14/7/21

Concludes - 15/9/21

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