### AWESOME AUTUMN SPORTS

MULTI SPORTS PROGRAM - AFTER SCHOOL

# BASKETBALL, NETBALL AND SOCCER

AFTER SCHOOL





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KELLYSPORTS.COM.AU



## MULTI-SPORT PROGRAMME

BASKETBALL, NETBALL SOCCER

TERM 3 2023 INFORMATION

Programme runs 7 afternoons for one hour after school.

This term we will focus on the following sports:

✓ Soccer

✓ Basketball

✓ Hockey

✓ AFL

✓ Crazy Games

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

For Prep - Year 4 students.

### **\$128 FOR 8 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term. \$16 per week.

School: The Knox School

Day: Monday's

Start Date: 24th July

End Date: 11th September

Time: 3:30 - 4:30pm

#### **BOOK EARLY & SAVE!**

Book before July 17th July for one free session. .

Programme runs 8 afternoons for one hour after school.

This program will include the following:

✓ Skills Practice

✓ Game Rules

Match Play

Teamwork

✓ Modified Games

Our basketball, netball and soccer program focuses on fundamental skills such as passing, dribbling, offense, defense and shooting whilst using a mixture of skill related activities and modified games to do so. This program is designed to improve overall motor skills and coordination, and is sure to bring out the little sports star in everyone!

For Year 2 - Year 6 students.

#### **\$128 FOR 8 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term. \$16 per week.

School: The Knox School

Day: Wednesday's Start Date: 26th July

End Date: 13th September

Time: 3:30 - 4:30pm

#### **BOOK EARLY & SAVE!**

Book before July  $17 \mathrm{th}$  July for one free session. .

**GET IN TOUCH** 

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