MULTISPORT FUN PROGRAM

THE KNOX BAS

BASKETBALL, SOCCER & HOCKEY PROGRAM WEDNESDAY AFTER SCHOOL

0

YEARS





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MULTI-SPORT PROGRAM TERM 3 2024 INFORMATION

Program runs Monday afternoons for one hour after school.

This term we will focus on the following sports:

✓ Soccer

- Footy
- ✓ Basketball
- Crazy Games

This weekly program gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings - giving them confidence to join sports clubs and teams in the future.

Best suited for Prep – Year 4 students. If Year 5 or 6 students are interested, please contact your Area Manager - details below.

\$18 PER WEEK

Sign up anytime & only pay for the remaining weeks left in the term.

Monday Afternoons - 9 Week Program Starting Term 3 Week 2 - Monday 22nd July Finishing Term 3 Week 10 - Monday 16th Sept Time: 3:30pm - 4.30pm

- Preps are collected from their classrooms
- Student meet Coaches in the Junior School Atrium & walk down to the Sports Centre.

BASKETBALL, SOCCER & HOCKEY PROGRAM

TERM 3 2024 INFORMATION

Program runs Wednesday afternoons for one hour after school.

This program will include the following:

Skills Practice

✓ Match Play

- Teamwork
- ✓ Game Rules

 Teamwork
Modified Games
This program focuses on fundamental skills such as passing, dribbling, offense, defence and shooting whilst using a mixture of skill related activities & modified games. It is designed to improve overall motor skills & coordination & is sure to bring out the little sports star in everyone!

Best suited for Prep – Year 4 students. If yr 5 or 6 students are interested please contact your area Manager - details below.

\$18 PER WEEK

Sign up anytime & only pay for the remaining weeks left in the term.

Wednesday Afternoons - 9 Week Program Starting Term 3 Week 2 - Wednesday 24th July Finishing Term 3 Week 10 - Wednesday 18th Sept Time: 3:30pm - 4.30pm

- Preps are collected from their classrooms
- Students meet Coaches in the Junior School Atrium & walk down to the Sports Centre.

GET IN TOUCH Contact: Emily Norgate

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Tennis

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