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EMC HOLIDAY PROGRAM

WHAT TO BRING – THINGS TO KNOW

The school holiday program has many of the same requirements as a day at school. To that end, make sure you pack the following items to ensure your child has a successful and enjoyable day.

1. **Food.** We will have eating breaks in the morning (around 10.30) at lunchtime (12.30 and in the afternoon (about 3pm). Please make sure your kids have enough food to get them through the day. It is a busy day for them with lots of sport, so they will need plenty of energy to get through it all! They eat more during the holiday program than they do at school!
2. **Drink**. Bring a drink bottle. It can be refilled at the centre, and there will be plenty of drink breaks throughout each day.
3. **Comfortable clothing.** Make sure they are wearing runners and sporting attire. It can be very cold in the mornings in the stadium.
4. **Hat.** Weather dependent we will run at least one activity on the oval. So please pack a hat. If the weather is warm, we get the children to put sunscreen on. If anyone is allergic to sunscreen please make a staff member aware on check in.
5. **Medication.** If there is any medication they will need to take during the day, make sure it is packed, and inform one of the staff members on arrival of any instructions they need to understand.
6. **Facebook.** Each day there will be a report of what we did that will be posted on the “Kelly Sports Southeast” Facebook & Instagram page. This will include some photos of your children. You will need to “like” Kelly Sports Southeast to see this in your newsfeed. Please inform staff if you don’t want photos of your children included on the Facebook page.
7. **Special instructions.** We want to see all of the kids that attend the program have a fun and successful day. If your child needs to be handled differently to others, please let us know. Send an email or bring along written tips on how your child is best handled.
8. **Drop off/pick up times.** The doors open at 7am and close at 6pm. The actual program of formal activities begins at 9am and finishes at 4pm. You are welcome to drop off/pick up your children any time between 7am - 9am in the morning and 4-6pm in the afternoon. If you think there is a chance you will be late to pick up your kids, you will need to make an alternative arrangement and inform Ann of this arrangement via email/text: [southeast@kellysports.com.au](mailto:southeast@kellysports.com.au); 0466 501 822.