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EMC HOLIDAY PROGRAM

WHAT TO BRING – THINGS TO KNOW

The school holiday program has many of the same requirements as a day at school. To that end, make sure you pack the following items to ensure your child has a successful and enjoyable day.

1. **Food.** We will have eating breaks in the morning (around 10.30) at lunchtime (12.30 and in the afternoon (about 3pm). Please make sure your kids have enough food to get them through the day. It is a busy day for them with lots of sport, so they will need plenty of energy to get through it all! They eat more during the holiday program than they do at school!
2. **Drink**. Bring a drink bottle. It can be refilled at the centre, and there will be plenty of drink breaks throughout each day.
3. **Comfortable clothing.** Make sure they are wearing runners and sporting attire.
4. **Hat.** Weather dependent we will run at least one activity on the oval. So please pack a hat. If the weather is warm, we will get the children to put sunscreen on. If anyone is allergic to sunscreen please make a staff member aware on check in.
5. **Medication.** If there is any medication they will need to take during the day, make sure it is packed, and inform one of the staff members on arrival of any instructions they need to understand. You will need to fill out a consent form.
6. **Facebook.** Each day there will be a report of what we did that will be posted on the “Kelly Sports Mornington” Facebook page. This will include some photos of your children. You will need to “like” Kelly Sports Mornington to see this in your newsfeed. Please inform staff if you don’t want photos of your children included on the Facebook page.
7. **Movie.** During our lunch break we watch a G rated movie. This gives the children a chance to relax and re charge while eating lunch. If they don’t want to watch a movie, they can do arts & craft, play board games or have some free time to do some sporting activities of their choice.
8. **Special instructions.** We want to see all of the kids that attend the program have a fun and successful day. If your child needs to be handled differently to others, please let us know. Send an email or bring along written tips on how your child is best handled.
9. **Drop off/pick up times.** The doors open at 7.30am and close at 5.45pm. The actual program of formal activities begins at 9am and finishes at 4pm. You are welcome to drop off/pick up your children any time between 7.30 - 9am in the morning and 4-5.45pm in the afternoon. If you think there is a chance you will be late to pick up your kids, you will need to make an alternative arrangement and inform Ann of this arrangement via email/text: [mornington@kellysports.com.au](mailto:mornington@kellysports.com.au); 0466 501 822.
10. **No technology.** Besides our movies at lunchtime the holiday programme is technology free to ensure the children stay active. Please make sure your child does not bring along their iPad, Gameboy or any electronic device as it will be confiscated until the end of the day.
11. **April 1st Programme –** We will be running two programmes on this day. You can enrol your daughter into the AFLW clinic run by AFLW St Kilda player and Kelly Sports Coach “Molly McDonald”. Your child will participate in skills, drills, games all football related to develop their skills.

**Normal Programme –** On the 1st April we will also be running our regular holiday programme day.