## SIZZLING SUMMER SPORTS

# HIP HOP DANCE PROGRAM

# **GYMNASTICS**SERPELL PRIMARY

SCHOOL

MULTI SPORT PROGRAM





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## **MULTI SPORT** PROGRAM

TERM 1 2024 INFORMATION

## DANCE **PROGRAM**

TERM 1 2024 INFORMATION

**GYMNASTICS PROGRAM** 

TERM 1 2024 INFORMATION

Program runs weekly on Monday's after school.

This term we will focus on the following sports: ✓ Soccer

✓ Basketball ✓ Hockey

Cricket

Our multi sport program engages children with a variety of skills and games in a fun and enjoyable environment. It encourages their enthusiasm for sport and the life skills that such involvement brings, giving them confidence to join sports clubs and teams in the future.

For Prep - Year 6 students.

### \$126 FOR 7 WEEKS - \$18 PW

Sign up anytime and only pay for the remaining weeks left in the term.

Day: Monday's

Start Date: 5th February End Date: 25th March Time: 3:40pm to 4:40pm

No class 11th March due to Public Holiday

Program runs weekly on Tuesday's at lunchtime.

This term Dance will include the following:

✓ New Routine

✓ Weekly Steps

✓ Dance Games ✓ End of Term Performance

Our weekly dance program gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings - giving them increased confidence in the future.

For Prep - Year 4 students.

### \$144 FOR 8 WEEKS - \$18 PW

Sign up anytime and only pay for the remaining weeks left in the term.

Day: Tuesday's

Start Date: 6th February End Date: 26th March Time: 12:30pm to 1:15pm Program runs weekly on Thursday's at lunchtime.

This term Gymnastics will include the following:

✓ Sits & Holds

✓ Jumps & Landings ✓ Modifed Games

✓ Rhythmic Gymnastics ✓ Cartwheels & Handstands

Our weekly Gymnastics program gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings - giving them increased confidence in the future.

For Prep - Year 4 students.

#### \$126 FOR 7 WEEKS - \$18 PW

Sign up anytime and only pay for the remaining weeks left in the term.

Day: Fridays

**Start Date: 9th February** End Date: 22nd March Time: 12:30pm to 1:30pm

## **BOOK NOW TO JOIN THE FUN!**

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**GET IN TOUCH** 

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BOOK ONLINE NOW AT **EXELLYSPORTS.COM.AU**