# NEWSLETTER Autumn 2018



# **GYMEA BAY HOLIDAY PROGRAM**

The Kelly Sports Autumn Holiday Program was filled with fun and lots of different activities each day! The kids enjoyed the six themed days with their friends, getting involved in activities and games, while with our coaches, learning new skills and developing our sporting abilities together!

### Book now for next holidays!

Dates are 10th, 11th, 12th and 17th, 18th, and 19th of July 2018

# Check out the daily highlights!



Tuesday 17th April: Mini Commonwealth Gamest

Today we started off the program with a bang-the queens baton relay! Celebrating the Commonwealth Games 2018. We all chose countries and wan pairst shoughout the day in teams and individually! Warming up, we got into our morning rugby, oz tag and arcket clinics. Later, we challenged each other in athlefics; sprint races, long imp, discus, shot put and javelin. Ending the day, we played balloon volleyball and finished with a TUG OF WAR! All countries received a medal for their excellent sportsmanship and participation.



Thursday 18th April: Inflatable Soccer and Footy Day

Ortsmanship and participation. The inflatable arena blew up this morning for a whole day of soccer and footy funl The trick to the arena is the ball never goes out so kids are active all the time having fun - literally 'bouncing off the walls'! In our rotation, each team got to do a footy clinic and a soccer clinic with our coaches, then moved on to games, one on one, numbers soccer, and kids choice in the inflatable arenal



Thursday 19th April: Easter Carnival

Today was all things Easter! We started our morning with some rabbit races, hop hurdles and animal tag. The rest of the day was an EGGstravanza with egg rolling, egg target practice, Easter Egg relays, egg cup throw challenge and dodge the egg. With water balloons replacing eggs for some of the games the kids had a blast.

We finished the day with a big giant Easter Egg hunt.



#### Friday 20th April: Basketball and Netball Day

We kicked of the day with some fun warmup games. Then we had some Netball and backetball skill sessions. After these the kids were able to put their new skills into practice in a fun tournament and a basketball shootout. Everyone also made it through the Basketball obstacle course.



#### Thursday 19th April: Anzac Challenge Day

Energy levels were high for our Anzac Challenge Day. We tested ourselves physically and mentally throughout the day in our obstacte course, military style boot camp and our Anzac history quiz. We had lots of fun games but the favouries were our strategy games, war zone and capture the flag where teams had to work together to come out on too.



Friday 27th April: Tennis Clinic and Tournament

We finished out the school holidays with an action packed Friday of Tennis. To get our agility and coordination working we started with some energetic tag games and then some target practice.

We then set up our tennis courts and mixed it up between skills clinics and fun tennis games. Balloon tennis was a winner with the younger kids. We brought the school holidays to a close with a very fun and competitive tennis tournament with some top quality rallies not unlike those you might see on Rod Later Arena.



# DO YOU GO TO GYMEA BAY PUBLIC SCHOOL?

If you are interested in after school sports during the term get in touch via theshire@kellysports.com.au for your first week free when we start!

eal only valid for participants of Kelly Sports Autumn 2018 holiday program at Gymea Bay Public Schoo

FIND US ON FACEBOOK For more information visit www.kellysports.com.au For any enquiries contact M 0497 065 621 T (03) 9384 2204 Lara May-Whitcombe E theshire@kellysports.com.au