

NEWSLETTER

Term three 2017



GYMEA BAY SPORTY SPRING HOLIDAY PROGRAM



Tuesday 26th September **SUPER SOCCER DAY**

After it's success last holidays, kicking off the Spring Holiday Program was yet another Soccer day! The morning saw everyone get involved with some new and exciting warm-up games, ensuring all were pumped up and ready for Soccer! The younger ages practiced their dribbling, passing and teamwork skills, preparing them for a Soccer tournament after lunch. With plenty of energy as always, the older ages played a mix of Soccer-based games before competing in their own Soccer tournament – very competitive as always!

Wednesday 27th September **AFL vs. NRL**

Footy has always been a hit at Kelly Sports, and these holidays it was no different. Plenty of Touch-Rugby and Oz-Tag was played throughout the day (as usual), however AFL was also included in the mix – a first taste of the sport for many. Skill sessions were run to help the kids transition to a different game, and this was followed by some modified AFL matches. All had a great time experiencing both codes!



Thursday 28th September **MINUTE TO WIN IT**

Trying something new these holidays, we had our first Minute To Win It day. The morning saw high energy warm-up games designed to burn some of that endless energy off. Following recess, we broke into groups to test our skills with plenty of interesting challenges. With plastic cups, feathers, straws, masking tape, spoons, buckets, cards, balloons and ping pong balls, we all had a great time attempting the challenges (probably even more enjoyable was watching everyone else do the challenges!).



Tuesday 3rd October:

BASKETBALL BONANZA

On the first day back after the long weekend we saw plenty of tired faces walk through the gates of Gymea Bay PS - or so we thought! As soon as we started our warm-up games, the energetic, loud and bubbly kids that we're used to returned! Luckily, we had many Basketball activities to burn this renewed energy. With relay drills, passing games and modified Basketball games, as well as a full on Basketball tournament, everyone had a blast!

Wednesday 4th October

BAT AND BALL DAY

With Summer just around the corner, the Cricket bats were 'all the rage' once again at Kelly Sports. The morning saw some 'small-ball' warm-up games designed to improve those all-important throwing, catching and reacting skills. These skills were then put to the test with everyone getting involved in games of Cricket, Softball, Baseball and T-Ball, as well as some modified sports, such as Soccer Softball. We all had fun improving our teamwork, reaction and hand-eye coordination skills.



Thursday 5th October

DISCO AND DANCE PARTY

The final day of the Spring Holiday Program, and we decided to have a party! In the morning everyone got to experience dance classes, with Alyssa from Expression Dance School coming out to run the kids through their paces. Starting with exciting new dance games and challenges, we were all warmed up and prepared for a dance-off! With newly learnt dance moves fresh in our minds, we had a great time at our disco, with prizes awarded for best moves and creativity!

WHY SHOULD THE BIG KIDS HAVE ALL THE FUN?!

Do you have a child aged 1-5 years old who would love sport? We now have our Kelly Mini Sports program running in Miranda, Engadine, Cronulla and many other locations Sydney wide. Come along and see what minis is all about!

Don't miss out on our special offer for existing Kelly Sport families and friends!! If you already have a child who attends our Gymea Bay Holiday Program, then you can receive 2 free trials before you join! Visit kellyminisports.com.au or phone Michael on 0423 606 371.

**DATES
FOR NEXT
HOLIDAYS:**

JANUARY
16th, 17th, 18th,
22nd, 23rd
and 24th



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