



# Gymnastics

## Templestowe Valley P.S

### Term 1 2025

## PROGRAM INFORMATION

This weekly programme gives children gymnastic-specific skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for gymnastics and the life skills that such involvement brings – giving them confidence to join gymnastic clubs and teams in the future.

## AGE GROUPS

Prep to Grade 4

## SESSION DETAILS

### DANCE

**COST: \$162+GST**  
**9 WEEKS**

**DAY: TUESDAY'S**

**TIME: 1.30PM – 2.30PM**

**START DATE: 4TH FEB**

**END DATE: 1ST APRIL**

**STUDENTS WILL LEARN  
NEW HOLDS, FLIPS,  
ROUTINES, JUMPS AND  
SKILLS**

- **LEARN NEW GYM SKILLS**
- **UNDERSTAND GYM-SPECIFIC RULES AND MOVEMENTS**
- **GAME BASED ACTIVITIES AND ROUTINES**
- **BUILD CONFIDENCE TO JOIN COMMUNITY GYMNASTIC CLUBS**

**\*Families are welcome to enrol at any stage of the program & pay for the weeks remaining.**

**FURTHER INFORMATION IS  
AVAILABLE AT:**  
[WWW.KELLYSPORTS.COM.AU](http://WWW.KELLYSPORTS.COM.AU)

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