

# BACK TO SCHOOL SPORTS!

MULTI SPORT PROGRAM

# HIP HOP LUNCHTIME DANCE PROGRAM

# SOCCER HEIDELBERG PS



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# MULTI SPORT PROGRAM

TERM 1 2022 INFORMATION

Program runs weekly on Monday's after school.

**This term we will focus on the following sports:**

- ✓ Netball
- ✓ Soccer
- ✓ Basketball
- ✓ Hockey
- ✓ Cricket

Our multi sport program engages children with a variety of skills and games in a fun and enjoyable environment. It encourages their enthusiasm for sport and the life skills that such involvement brings, giving them confidence to join sports clubs and teams in the future.

**For Prep – Year 4 students.**

**\$154 FOR 9 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term. \$16 per week.

**School: Heidelberg PS**

**Day: Wednesdays**

**Start Date: Wednesday February 9th**

**End Date: Wednesday April 6th**

**Time: 3:40pm to 4:40pm**

# DANCE PROGRAM

TERM 1 2022 INFORMATION

Program runs weekly on Tuesday's at lunchtime.

**This term Dance will include the following:**

- ✓ Cheerleading Routine
- ✓ Weekly Steps
- ✓ Dance Games
- ✓ End of Term Performance

This dance program is designed to get your child movin' and groovin' whilst learning a new routine. This program is designed to improve fitness, coordination, balance and dance moves all in an enjoyable group environment, listening to funky tunes!

**For Prep – Year 4 students.**

**\$154 FOR 9 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term. \$16 per week.

**School: Heidelberg PS**

**Day: Mondays**

**Start Date: Monday Feb 7th**

**End Date: Monday April 4th**

**Time: 1:00pm to 1:50pm**

# SOCCER PROGRAM

TERM 1 2022 INFORMATION

Program runs weekly on Thursday's at lunchtime.

**This term Gymnastics will include the following:**

- ✓ Skills
- ✓ Matchplay
- ✓ Modified Games
- ✓ Teamwork
- ✓ Experienced Coaching

Our soccer program focuses on fundamental soccer skills such as passing, dribbling, offense, defense and scoring, whilst using a mixture of skill related activities and modified games to do so. This program is designed to improve overall motor skills and coordination, and is sure to bring out the little soccerero in everyone!

**For Prep – Year 4 students.**

**\$154 FOR 9 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term. \$16 per week.

**School: Heidelberg PS**

**Day: Mondays**

**Start Date: Monday Feb 7th**

**End Date: Monday April 4th**

**Time: 3:40pm to 4:40pm**

**BOOK EARLY & SAVE!**

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Use the voucher code 'earlybird' before Jan 7th 2022 save 10%

## GET IN TOUCH

**Contact:** Stephan Achilleos

**Phone:** 0413 879 592

**Email:** [stephan@kellysports.com.au](mailto:stephan@kellysports.com.au)

**Website:** [kellysports.com.au/templestowe](http://kellysports.com.au/templestowe)

**Facebook:** Kelly Sports Templestowe

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