







KELLY SPORTS SPORT & DANCE

TERM 3 2023

INFORMATION

FOR PARENTS

ST THOMAS MORES HADFIELD

KELLY SPORTS DANCE - STREET DANCE

Our dance programme is designed to get your child movin' and groovin' whilst learning a new routine with a performance for friends and family held in the last class of the term. New steps are taught each week, accompanied with dancing games and stretches. This programme is designed to improve fitness, coordination, balance and dance moves all in an enjoyable group environment, listening to funky tunes!

Check out the routine on our Kelly Sports Inner Northern & Strathmore YouTube channel and book early for this incredibly fun program!

WHEN: Tuesday's DATES: 11th July - 12th September TIME: Lunchtime 11am - 11.40am YEAR LEVELS: Prep - Grade 4 COST: \$135 (10 weeks)

WICKED WINTER SPORTS

Our Wicked Winter Sports weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and gives the kids the life skills that such involvement brings – giving them increased confidence in the future.

Our experienced coaches aim to develop and enhance the wide range of sporting skills of your child including kicking, catching & throwing while also improving strength, flexibility, hand-eye coordination, spatial awareness, cooperative skills and teamwork. For Term 3 we are focusing on Soccer, AFL & Athletics

WHEN: Wednesday's DATES: 12th July - 13th September TIME: 3.20pm - 4.30pm YEAR LEVELS: Prep - Grade 4 COST: \$160 (10 weeks)

FOR MORE INFORMATION & TO ENROL VISITWWW.KELLYSPORTS.COM.AU/INNER-NORTHERN

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