

TER

ORTS!

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RIBBO



Programmes run weekly on one day a week for one hour.

This program will include the following sports:

SoccerRugby

- Offimate tris
 AFL
- ✓ Ultimate frisbee ✓ Basketball

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

For Prep - Year 4 students.

\$144 FOR A 8 WEEK PROGRAM

Sign up anytime and only pay for remaining weeks in the term

School: Point Lonsdale Day: Wednesday's Start Date: 31st July End Date: 18th September Time: 3.30 - 4.40 DANCE PROGRAMME TERM 3 2024 INFORMATION

Programmes run weekly on one day a week during lunch

This terms dance program will have the following:

- ✓ New routine
- ✓ Weekly steps ✓ Dance games
- ✓ Ribbon Dance Theme ✓ End of term performance

This dance program is designed to get your child movin' and groovin' whilst learning a new routine. New steps are taught each week, accompanied with dancing games and stretches. This program is designed to improve fitness, coordination, balance and dance moves all in an enjoyable group environment, listening to funky tunes!

For Prep – Year 4 students.

\$162 FOR A 9 WEEK PROGRAM

Sign up anytime and only pay for remaining weeks in the term

School: Point Lonsdale Day: Wednesday's Start Date: 24th July End Date: 18th September Time: 1.40 - 2.30

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For dance enquires please contact Jodie on 0423 280 873