



# BEGINNERS VOLLEYBALL

TERM 4 2024



BOOK ONLINE NOW AT

 **KELLYSPORTS.COM.AU**

Programs run one day a week for 45 minutes.

**This volleyball program will focus on the following skills:**

- ✓ Digging
- ✓ Serving
- ✓ Game Play
- ✓ Setting
- ✓ Team work

This weekly program gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

This is a beginners program for children who are interested in learning basic volleyball skills. Drills will be modified to be age appropriate and to build on skills as they progress.

## **\$144 FOR A 9 WEEK PROGRAM**

**Sign up anytime and only pay for the remaining weeks in the term**

**Location: Lakeside Scout Hall, 60 Everly Circuit,  
Pakenham**

**Day: Mondays**

**Start Date: 7th October**

**End Date: 9th December**

**No session Nov 4th due to Melb Cup long weekend**

**Session 1- 8-11 yr olds: 4:15-5:00pm**

**Session 2- 12-15 yr olds: 5:00-5:45pm**



**Website:** [kellysports.com.au/metro-south-east](http://kellysports.com.au/metro-south-east)

**Contact:** Paul & Natasha Kalweit

**Email:** [natasha@kellysports.com.au](mailto:natasha@kellysports.com.au)

**Phone:** 0413 080 025

**Facebook:** Kelly Sports Metro South East  
Melbourne