



Kelly Sports Australia Primary School Proposal

kellysports.com.au



Multi-Sport Programme

Video



Dance Programme

Video



Coach Mic'd up

video

About Kelly Sports

At **Kelly Sports**, we believe that physical activity plays a vital role in a child's development. Research shows that children who participate in sport and movement are more likely to succeed in other areas of learning, including literacy and numeracy.

Since 1994, Kelly Sports has been delivering high-quality sports and movement programmes to children across Australia. With **over 30 years of experience** and hundreds of school partners across Australia and New Zealand, we are proud to support primary schools with flexible, engaging, and educational physical activity options.

Our sessions are **inclusive** and **engaging** with many children with additional needs thriving in the safe, supportive environments we create. With every session led by trained, experienced coaches who bring **enthusiasm**, **consistency**, and **professionalism** to your centre, children develop key skills in:

- **Coordination, movement, and motor planning**
- **Verbal and non-verbal communication**
- **Teamwork, cooperation, and fair play**
- **And of course - making friends and having fun!**



What We Offer

Benefits

Our programmes are designed to give children of all abilities the opportunity to experience sport in a safe, fun, and structured environment. Students benefit from increased confidence and self-esteem, improved motor skills, agility, and fitness, social development through teamwork and cooperation, and a greater enthusiasm for movement and healthy lifestyles.

We particularly focus on Prep to Grade 2 students, introducing them to a wide range of sports to help them discover their interests early.

Programme Offerings

Before, After & During School Programmes

Sporting Schools Programme

Dance Programmes

Coaching & Umpiring

Sports Days & Fetes

Fitness Fun Programme

In-School Curriculum

How It Works

Our programmes typically run once per week (or more!) during lunchtime or after school for 60-minute sessions on school grounds (preferably outdoor, undercover optional).

Kelly Sports manages all registrations, parent communications, and staffing. Our programmes integrate smoothly alongside OSHC or can operate independently.



Programme Pricing

Most of our programmes are parent-paid, meaning there is no additional cost or administrative workload for the school. Kelly Sports provides promotional flyers that can be sent out to families, outlining all the key details such as dates, times, sports, and pricing.

Families who wish to participate simply register directly with us, and we manage all enrolments, payments, and communication. This ensures the process is simple for your community and completely hassle-free for your school.

Below is an example of one of our programme flyers that would be provided to your school community.

MONDAY MULTI SPORT FUN!



Multi-Sport Fun!

Monday Afterschool
3:40 - 5:10pm

Starts: Mon 28 July

Ends: Mon 15 Sept

\$23.50 per Session (90mins)

Preps are collected from their classroom

All other Students meet Coaches on the outdoor Soccer Field

This terms Program will include the following

Hockey Footy
Soccer Basketball
Crazy Games

WEDNESDAY LUNCHTIME DANCE

Lunchtime Dance

Wednesday Lunchtime

Starts: Wed 30 July

Ends: Wed 17 Sept

8 Week Program

\$20 per Session

Preps are collected from their classroom

All other Students meet Coaches in the Gym

This terms Dance class will include the following:

 Weekly Steps
 FUN Dance Games
 New Routine
 End of Term Performance

WEDNESDAY BASKETBALL CLUB

Basketball Club

Wednesday Afterschool

3:40 - 5:10pm

Starts: Wed 30 July

Ends: Wed 17 Sept

\$23.50 per Session (90mins)

Preps are collected from their classroom

All other Students meet Coaches on the outdoor Basketball Court

This program will include the following:

Skills Practise
Modified Games
 FUN Games
 Basic Rules knowledge

GET IN TOUCH

Contact:
Phone:

Email:
Website:
Facebook:

BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU

Our Programmes

Before, During & After School Sport Programme

Kelly Sports offers During and After School Sports Programmes that give children the opportunity to try a range of sports in a safe, inclusive, and supportive environment.

These programmes can be delivered as **multi-sport rotations**, introducing a different sport each week, or as **single-sport focus sessions** where students can develop their skills in a particular sport over the term. Each programme runs for **60 or 90 minutes** once a week during term time and can take place **before school, during lunch**, or straight **after school**, depending on what best suits your timetable.

Children in these programmes have the opportunity to participate in sports such as:

- | | | | |
|--------------|---------------|--------------|-------------|
| • Soccer | • Cricket | • Circus | • Hockey |
| • AFL | • Touch Rugby | • Gymnastics | • Tennis |
| • Basketball | • Athletics | • Handball | • Golf |
| • Netball | • Volleyball | • Ultimate | • Dodgeball |
| • T-ball | | • Frisbee | |

In the programme, we:

- Adapt activities for all ability levels, ensuring that every child is included and able to experience success.
- Provide all equipment, insurance, enrolment management, and administration so there is no extra workload for the school.
- Work seamlessly alongside Out of School Hours Care (OSHC) services, allowing students to transition directly from sport to aftercare.

The benefits to students extend beyond physical skills. They learn teamwork, communication, sportsmanship, and resilience while building confidence and making new friends. By participating in a variety of sports, children have the opportunity to discover activities they enjoy and may wish to pursue in the wider community.

Dance Programme

Our weekly Dance programme brings rhythm, creativity, and physical expression to schools in a high-energy, inclusive environment. Students of all abilities learn choreographed routines and develop their own movements through guided creative expression.

Experienced instructors introduce traditional and contemporary styles, with games and warm-ups to keep engagement high. This programme:

- Enhances coordination, flexibility, and rhythm
- Builds self-esteem through creative self-expression
- Encourages group cooperation and performance skills
- Supports mental wellbeing and body awareness



SPORTING Schools

Sporting Schools Programme

The Sporting Schools Programme is a fully funded opportunity that allows every child to try new sports in a safe, structured, and engaging environment. Kelly Sports is an endorsed provider for the Australian Government's Sporting Schools initiative and all Kelly Sports coaches are accredited through the relevant National Sporting Organisations.

Sporting Schools sessions can be before, during or after school and are tailored to suit your school timetable and year levels on your preferred days and times.

We are currently accredited to deliver the following sports:

- Volleyball
- Golf
- Softball
- Lacrosse
- Baseball
- Ultimate Frisbee
- Hockey
- Badminton

Available sports may vary across zones.

We manage the entire process, from planning and delivery to all administration, grant management, and reporting, making participation easy for schools.

Our focus is on creating positive sporting experiences that encourage students to continue participating in physical activity both at school and in the community.

Sessions develop fundamental movement skills, such as throwing, catching, striking, running, balance, and coordination, while also fostering teamwork, confidence, and fair play all within the accredited Sporting Schools Curriculum and Guidelines.

School Day Programme

Our School Day Programme is a complete, turn-key solution for large-scale sporting events such as athletics days, end-of-year celebrations, house competitions, or themed carnivals.

We work with your team to design a programme that suits your needs, and then take care of everything from planning and scheduling to equipment supply, set-up, and delivery.

Kelly Sports coaches manage every activity station, allowing teachers to focus on enjoying the event with their students.

Activities are adapted to cater for mixed abilities, ensuring that all students can take part and feel successful. The result is a vibrant, inclusive atmosphere that builds school spirit and leaves students with positive memories of sport and physical activity.

Other Programmes

- **In-School Curriculum Programmes:** PE curriculum-aligned sessions covering movement skills, athletics, gymnastics, and sport-specific clinics.
- **Fitness Fun Programme:** Fun, fast-paced activities designed to improve endurance, agility, strength, and flexibility.
- **Coaching & Umpiring:** Qualified coaches and officials for school sport, carnivals, and tournaments, with all recruitment, induction, and insurance handled by Kelly Sports.

Benefits for your school and families

In addition to our weekly sessions, we can offer these **additional benefits** for your primary school throughout the year:

- Full delivery and management of all sports sessions, including equipment, planning, and reporting
- Flexible programme options to suit your school's term plans, PE focus, and student needs
- Professional development opportunities and lesson plans for teachers
- Child-safe, accredited coaches with a maximum 1:14 coach-to-child ratio
- Access to additional support for school sports days, fetes, and teacher release cover
- Curriculum-aligned content to support student development and wellbeing
- Opportunities to trial new sports and increase student participation in physical activity
- Increased school community engagement through fun, inclusive events
- A reliable, long-term partnership with trusted experts in school sport delivery

We're here to make physical activity **easier**, more **exciting**, and more **accessible** for your school and community.



Contact Us

To discuss how Kelly Sports and our **Primary School Programs** can seamlessly integrate into your school, please contact your local area manager using the button below!

www.kellysports.com.au/locations



Hear from our School Partners

TESTIMONIAL VIDEO



"Our teachers speak really positively about their experience with Kelly Sports. They see the benefits for their students. The programs enhance the wellbeing of the students who participate, which is a big focus here at Old Orchard Primary School. The level of commitment, communication and care shown by Kelly Sports staff is excellent."

DUNCAN CANT
PRINCIPAL, OLD ORCHARD PRIMARY SCHOOL



"We have the most positive experience dealing with Kelly Sports, it's certainly something that every year I commit to re-engaging with... highly recommend! They do a great job and I think more and more it's tricky to get excellent operators in this sort of space, but Kelly Sports work so successfully and we love what they do for us." **CARMEL HANLEY**
PRINCIPAL, LUMEN CHRSTI PRIMARY SCHOOL DELACOMBE

"Kelly Sports coaches are professional, engaging, and approachable. Our children have had fun while developing fundamental skills like teamwork, coordination, and following instructions. Students with learning difficulties have flourished in the programme. We highly recommend Kelly Sports for any school or OSHC programme."

DAVID DOWSON
PRINCIPAL, BLACKBURN LAKE PRIMARY SCHOOL



Primary Schools Partnered with Kelly Sports

BALLARAT

Alfredton PS
Ballan PS
Ballarat Christian College
Ballarat North PS
Black Hill PS
Buninyong PS
Caledonian PS
Canadian Lead PS
Creswick PS
Creswick North PS
Dana St PS
Delacombe PS
Emmaus PS
Forest St PS
Lucus PS
Lumen Christi PS
Miners Rest PS
Mt Clear PS
Mount Egerton PS
Mt Pleasant PS
Newington PS
Our Ladys Help of Christian PS
Scotsburn PS
Siena PS
St Alipius PS
St Aloysius PS
St Columba's PS
St Francis Xavier PS
St Patricks PS
St Thomas More PS
Talbot PS
Winters Flat PS
Yuille Park P-12

BENDIGO

Bendigo Region
Girton Grammar School
Kalianna Special School
Kennington PS
Strathfieldsaye PS
St Francis of the Fields PS
St Kilians PS
Holy Rosary PS
White Hills PS
St Liborius PS
Spring Gully PS
Quarry Hill PS
Marong PS
Marist P-12
Victory Christian College
California Gully PS
Lockwood South PS
Huntly PS

Echuca

Echuca East PS
Echuca 208 PS
Australian Christian College

Horsham

Horsham PS
Holy Trinity Lutheran School
Ss Michael & John's PS

North Region:

St Joseph's PS
Kyabram P-12
Gowrie Street PS

North West Region:

Boort District School
Charlton P-12
St Mary's PS
Tyrell College
Beulah PS
Tarnagulla PS
Dunolly PS

BLACKBURN

Antonio Park PS
Birralee PS
Blackburn PS
Blackburn Lake PS
Camelot Rise PS
Doncaster PS
Glendal PS
Glen Waverley PS
Highvale PS
Mitcham PS
Mount Pleasant Road PS
Old Orchard PS
Rangeview PS
The Knox School
Vermont PS
Wesley College

BURWOOD

Amsleigh Park PS
Ashburton PS
Hughesdale PS
Kingswood College PS
Murrumbena PS
Orchard Grove PS
Parkhill PS
Roberts McCubbin PS
St Christopher's PS
St Scholastica's PS

ESSENDON

Aberfeldie PS
Ascot Vale PS
Essendon PS
Footscray PS
St Mary's School
Williamstown PS

Partner with

Confidence

GEELONG

Ashby PS
Ceres PS
Clairvaux Catholic PS
Fyans Park PS
Geelong Luthern College - St Johns
Hamlyn Banks PS
Lara Lake PS
Moriac PS
Newcomb PS
Newtown PS
Northern Bay College - Hendy Campus
Northern Bay College - Peacock
Campus
Northern Bay College - Tallis Campus
Northern Bay College - Wexford
Campus
Our Lady Start of the Sea PS
Point Lonsdale PS
Queenscliff PS
St Catherine of Sienna PS
St Roberts Catholic PS

INNER NORTHERN

Bell Primary
Carlton Gardens Primary
Clifton Hill Primary
Docklands Primary
Newlands Primary
Northcote Primary
Oak Park Primary
Preston Primary
South Melbourne Primary
St Bernards Coburg
St Francis De Sales Oak Park
St Josephs Northcote
St Michaels North Melbourne
St Raphaels Preston

IVANHOE

Bundoora PS
Heidelberg PS
Ivanhoe East PS
Ivanhoe PS
Mary Immaculate School
St Bernadette's School
Templestowe Valley PS

INNER METRO EAST

Boroondara Park PS
Elwood PS
Kew PS
St Josephs PS
St Mary's PS

METRO SOUTH EAST

Baumaris North PS
Berwick PS
Coatesville PS
Emerson School
Kingston Heath PS
Moorabbin PS
Narre Warren South P-12
St Andrew's PS
St John Vianney's School
St Paul Apostle South School
St Peter's Primary
St Kevin's School

MORNINGTON PENINSULA

Dromana PS
Kunyang PS
Mt Martha PS
St John's PS
Toorak College
Tootgarook PS

NORTH WEST

Greenvale PS

OUTER NORTH EAST

Anderson's Creek PS
Good Shepherd Lutheran PS
Montmorency PS
Moroolbark Grammar
Serpell PS

PLENTY VALLEY

St Josephs Catholic PS

SOUTH EAST

Hillsmeade PS
Lyndhurst PS
Pinewood PS
Rivercrest Christian College
St Johns The Bapsit PS
Tulliallan PS
Waverley Christian College

SYDENHAM

Southern Cross Grammar

WESTERN REGION

St Lawrence of Brindisi

WYNDHAM

Alamanda College
Good News Lutheran College
Lumen Christi Catholic PS
Nearnung Primary School
Warreen PS
Wimba PS



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