## MULTI SPORTS







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DANCE
PROGRAMME
TERM 2 2024 INFORMATION

Programmes run weekly on one day a week for 90 minutes.

This program will include the following sports:

✓ Soccer

**✓** Basketball

✓ Hockey

✓ AFL

✓ Crazy Games

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

For Prep - Year 4 students.

## \$187+GST FOR AN 11 WEEK PROGRAM

Sign up anytime and only pay for remaining weeks in the term

**School: Essendon P.S** 

Day: Friday's

Start Date: 19th April End Date: 28th June

Time: 3.35pm - 4.35pm

Kids meet on synthetic pitch straight after school

Programmes run weekly on one day a week during lunch

This terms dance program will have the following:

✓ New routine

✓ Weekly steps

Termly Theme

✓ Dance Games

End of term performance

This dance program is designed to get your child movin' and groovin' whilst learning a new routine. New steps are taught each week, accompanied with dancing games and stretches. This program is designed to improve fitness, coordination, balance and dance moves all in an enjoyable group environment, listening to funky tunes!

For Prep - Year 4 students.

## \$187+GST FOR AN 11 WEEK PROGRAM

Sign up anytime and only pay for remaining weeks in the term

**School: Essendon P.S** 

Day: Friday's

Start Date: 19th April End Date: 28th June Time: 11am - 11.40am

Kids meet at the school hall at lunchtime

**GET IN TOUCH** 

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