



**KELLY  
SPORTS**

# SPORTY SHORTIES

SPORTS BASED COMMUNITY PROGRAM



**BOOK A  
FREE TRIAL  
CLASS**

BOOK ONLINE NOW AT



**KELLYSPORTS.COM.AU**

The Sporty Shorties Community Program incorporates a number of core Fundamental Motor Skill tasks into an engaging & well prepared sports-based play setting that helps preschool aged children improve their fine and gross motor skills, sharing skills & ability to respond & follow key instructions. This program also gives young children the opportunity to learn a range of team building skills, promotes healthy and active behaviours in a stimulating environment that encourages maximal participation & fosters a love of many sports!

For 3 – 5 Year olds.

## KEY FOCUSES:

- ✓ SPORTS INTRODUCTION
- ✓ LISTENING & FOLLOWING INSTRUCTIONS
- ✓ PROVIDING POSITIVE SPORTS EXPERIENCES
- ✓ PRACTICING SOCIAL SKILLS IN A SAFE & CONTROLLED SETTING
- ✓ ENHANCING FMS SKILLS
- ✓ SHARING & TURN TAKING

## THINGS TO KNOW

- SESSIONS RUN FOR 45 MINUTES AT A TIME
- UP TO 16 CHILDREN PER SESSION TO MAXIMISE PARTICIPATION
- KELLY SPORTS SUPPLY ALL REQUIRED EQUIPMENT
- DUAL COACHES PROVIDED FOR GROUPS LARGER THAN 16

**FULL TERM DISCOUNT** - Sign up to a full term of our Kelly Sports Sporty Shorties program and receive a 10% discount!



Website: [KELLYSPORTS.COM.AU/BENDIGO](https://kellysports.com.au/bendigo)

Contact: **BEAU CROSS**

Email: [BEAU@KELLYSPORTS.COM.AU](mailto:BEAU@KELLYSPORTS.COM.AU)

Phone: **0428 326 924**