

A.F.L SUPER



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INFORMATION

A.F.L SUPER

Sessions run weekly for the duration of one hour on a Saturday.

This AFL program will focus on the following:

✓ Skill Development ✓ Game Sense

Learning the rules

✓ Teamwork

Experienced Coaches

✓ Having FUN!!

Are you looking to sharpen your AFL skills over the off season? Our AFL Super Clinic sessions have been designed to teach your child the essential skills of A.F.L in a low pressure, encouraging environment. An emphasis will be placed on skill development, understanding game sense, effective teamwork, learning the rules and of course, having FUN! This program is designed to foster an enjoyable group environment that will incorporate a variety of fun activities and modified AFL games, all under the watchful eve of our qualified Kelly Sports coaches.

S160 FOR AN 8 WEEK PROGRAM

Sign up anytime and only pay for the remaining sessions

Location: St Liborius Primary School

When: Saturday morning's

Session times:

• Prep - Grade 2: 9:30am - 10:30am

• Grade 3 - 6: 10:30am - 11:30am

Start: Saturday 9th of October

End: Saturday 27th of November

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