

AWESOME AUTUMN SPORTS!

MULTI SPORT PROGRAM
6 - 10 YEARS

DANCE & GYMNASTICS

AFTER SCHOOL DANCE
& GYMNASTICS
PROGRAM

ATHLETICS COACHING

AFTER SCHOOL
ATHLETICS COACHING



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KELLYSPORTS.COM.AU



MULTISPORTS PROGRAM

TERM 2 2022 INFORMATION

DANCE & GYMNASTICS PROGRAM

TERM 2 2022 INFORMATION

ATHLETICS COACHING

TERM 2 2022 INFORMATION

Program runs weekly on Monday's after school.

This term we will focus on the following sports:

- ✓ Basketball
- ✓ Soccer
- ✓ T-Ball
- ✓ AFL
- ✓ Athletics
- ✓ Hockey

Our multi sport program engages children with a variety of skills and games in a fun and enjoyable environment. It encourages their enthusiasm for sport and the life skills that such involvement brings, giving them confidence to join sports clubs and teams in the future.

For Prep – Year 4 students.

\$112 FOR 8 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term. \$14 per week.

Where: Strathfieldsaye Primary School

When: Monday

Time: 3:45pm to 4:45pm

Start: 2nd May

End: 20th June

Program runs weekly on Thursday's after school.

This term Dance & Gymnastics will include the following:

- ✓ Sits & holds
- ✓ Weekly Steps
- ✓ Dance Games
- ✓ Jumps & Landings

This program is designed to get your child movin' and groovin' whilst learning a new routine. This program is designed to improve fitness, coordination, balance and dance moves all in an enjoyable group environment, listening to funky tunes!

For Prep – Year 4 students.

\$112 FOR 8 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term. \$14 per week.

Where: Strathfieldsaye Primary School

When: Thursday

Time: 3:45pm - 4:45pm

Start: 5th May

End: 23rd June

Program runs weekly on Tuesday's after school.

This term Gymnastics will include the following:

- ✓ Specialised coaching
- ✓ Throwing technique
- ✓ Game based activities
- ✓ Jumping technique
- ✓ Event specific training
- ✓ Sprint training

Our Athletics program focuses on improving fundamental Athletics skills such as running, jumping & throwing, whilst using a mixture of skill related activities and modified games to do so. This program is designed to improve confidence, understanding & enthusiasm for Athletics, and is sure to bring out the little Olympian in everyone!

For Prep – Year 6 students.

\$112 FOR 8 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term. \$14 per week.

Where: Strathfieldsaye Primary School

When: Tuesday

Time: 3:45pm to 4:45pm

Start: 3rd May

End: 21st June

BOOK EARLY & SAVE!

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Book before April 26th to save 10% off your child's booking

GET IN TOUCH

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