

SOCCER SUPERSTARS

SOCCER DRILLS & SOCIAL SKILLS

TERM 3

NDIS FUNDED SPORT & SOCIAL SKILLS SUPPORT

THURSDAY AFTERNOONS
ST LIBORIUS PS SPORTS STADIUM



BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU



SOCCER SUPERSTARS

TERM 3 2022 INFORMATION

Sessions run each Thursday afternoon for one hour.

This program will focus on the following sports based skills:

- ✓ Passing Skills
- ✓ Game Rules
- ✓ Match Play
- ✓ Shooting Skills
- ✓ Modified Games
- ✓ Trapping & Defence

Our Soccer program focuses on fundamental Soccer skills such as passing, dribbling, offense, defense and shooting, using a mixture of skill related activities and modified games to do so. This program is designed to improve the overall physical abilities, coordination, and social skills of each little Soccer superstar.

For children aged from 4 - 12 years of age.

PROGRAM DETAILS

Please note that this program is funded through the NDIS and aimed to help each of our participants work towards meeting their set goals through structured social play & fundamental motor skill based activities. The cost associated with this program is \$57 per hour.

Venue: St Liborius Primary School

Day: Thursday's

Start Date: 28th July

End Date: 15th September

Time: 4:15 - 5:15pm

Children who do not have NDIS funding allocated towards this program are still able to be involved. To discuss this option, please contact our Kelly Sports Bendigo team.

GET IN TOUCH

Contact: Beau Cross

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Kelly Sports Bendigo

SOCCER DRILLS & SOCIAL SKILLS

TERM 3 2022 INFORMATION

This program will focus on the following social-emotional skills:

- ✓ Using effective teamwork
- ✓ Sharing & taking turns
- ✓ Using successful coping strategies
- ✓ Playing fairly
- ✓ Being a good sport
- ✓ Implementing the Zones of Regulation

Of equal importance throughout this program is a focus on practising social communication skills and implementing successful coping strategies to help each child thrive in becoming a great team player and communicator. Children will be exposed to the 'Zones of Regulation,' help build successful coping strategies with a support worker to build resilience throughout the activities and engage in a variety of team based and turn taking activities to promote and improve social communication skills with their peers.

THURSDAY AFTERNOON SESSIONS

Each Thursday, participants will engage in a whole group Soccer session that serves the purpose of enhancing each child's physical capabilities, as well as social skills in a structured, fun & engaging environment. Professional coaching & social skill support will be provided throughout each hourly session.

Sign up at the start of this program to receive a free Kelly Sports Soccer ball!

BOOK ONLINE NOW AT

 **KELLYSPORTS.COM.AU**

To enrol in this program, please contact beau@kellysports.com.au