

**DATE: 30TH SEPTEMBER** 

**VENUE: MERCY JUNORTOUN** 

SPORTING PRECINCT

**TIME:** 9:00AM - 4:00PM

**AGES:** 6 - 15 YEARS

**COST:** \$60

## WHAT TO EXPECT

**Warm-Up Routines:** 

**Skill Activities & Sessions:** Hone your netball skills with specialised sessions focusing on:

Shooting · Court Positioning · Defence ·

Passing · Technique

**Game Play:** Put your skills to the test with guided game play under the expert eye of Zoe Davies!

**Nutrition Focus:** Learn about the importance of nutrition in sports to keep you performing at your best.

**Q&A Session:** Get up close and personal with Zoe Davies in an exclusive Q&A session where you can ask her anything about netball, training, and her experience in the UK Netball Super League.

WITH LEEDS RHINOS SUPERSTAR ZOE DAVIES!

GET READY FOR AN
UNFORGETTABLE DAY OF
NETBALL ACTION THIS
SPRING! FRESH FROM
PLAYING IN THE 2024 UK
NETBALL SUPER LEAGUE,
LEEDS RHINOS SUPERSTAR
ZOE DAVIES AND THE KELLY
SPORTS TEAM ARE BRINGING
YOU AN EXCLUSIVE FULL-DAY
NETBALL CLINIC THAT'S
PERFECT FOR ASPIRING
NETBALLERS OF ALL SKILL
I FVFI S!

## **REGISTER NOW!**

SPACES ARE LIMITED, SO SIGN UP TODAY AT WWW.KELLYSPORTS.COM.AU/BENDIGO AND SECURE YOUR SPOT IN THE CLINIC.