



**KELLY
SPORTS**

FUNDAMENTAL SKILLS PROGRAM

Immanuel ELC
TERM 1



BOOK ONLINE NOW AT



KELLYSPORTS.COM.AU

Programmes run weekly on one day a week for 30 minutes.

The Kelly Sports Fundamental Skills Program teaches children the fundamentals of sport with an emphasis on teamwork and social skills. This sports program is all inclusive with high participation in a safe and fun environment.

BENEFITS FOR CHILDREN

- Develops critical fundamental motor skills
- Encourages children to associate physical movement and activity with fun and learning
- Fosters social interaction skills such as co-operation, sharing, taking turns, supporting, working in a team and encouraging others
- Develops concentration and listening skills
- Skills learned will assist in development and transition into primary school

This term we will focus on the following skills:

✓ Running

✓ Catching

✓ Kicking

✓ Jumping

✓ Throwing

✓ Passing



8 WEEK PROGRAM FOR \$84 INCL. GST

When: Mondays 2:45pm-3:15pm

Commencing: 10th February 2025

Concluding: 7th April 2025 (no session 10th March)

For Children in the Wombats group aged 4-5 years

Website: kellysports.com.au/events

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