



# FUNDAMENTAL SKILLS PROGRAM

TERM 1



**KELLYSPORTS.COM.AU**

# INFORMATION

FOR PARENTS

# FUNDAMENTAL SKILLS PROGRAM

The Kelly Sports Fundamental Skills Program teaches children the fundamentals of sport with an emphasis on teamwork and social skills. This sports program is all inclusive with high participation in a safe and fun environment.

## BENEFITS FOR CHILDREN

- Develops critical fundamental motor skills
- Encourages children to associate physical movement and activity with fun and learning
- Fosters social interaction skills such as co-operation, sharing, taking turns, supporting, working in a team and encouraging others
- Develops concentration and listening skills
- Skills learned will assist in development and transition into primary school

## This term we will focus on the following skills:

- |           |            |           |
|-----------|------------|-----------|
| ✓ Running | ✓ Catching | ✓ Kicking |
| ✓ Jumping | ✓ Throwing | ✓ Passing |

## TEN WEEK PROGRAM FOR \$90+GST

### For children aged 3-5 years

- Program run at Goodstart Early Learning Centre - Clapham
- Commences Friday 31st January 2020
- Concludes Friday 3rd April 2020
- 9:30am-10:00am

---

**Website:** [kellysports.com.au](http://kellysports.com.au)  
**Contact:** Ian Barnes  
**Email:** [ianbarnes@kellysports.com.au](mailto:ianbarnes@kellysports.com.au)  
**Phone:** 0439 063 916  
**Facebook:** #KellySportsAdelaide

