



# NEWSLETTER

Term Four 2015

Term four was an energetic eleven weeks to end a fantastic 2015!

As we came into spring, the weather warmed up, allowing us to enjoy our outdoor sports again. In all three parts of the company, we have seen much growth, development and energy from the kids and the coaches over our last term. With coaches and parents admiring participation, enthusiasm and smiling faces. Over the course of the year, we have seen skill progression, a growth in confidence, and children enjoying a variety of sports and activities. As many of our children will be a year older soon, our planning and delivery of sessions this term allowed for moments of evaluation, for coaches and program managers to appropriately plan for next year, and give their feedback for the end of year. As we reach the end of 2015, children should feel a sense of achievement at the end of term as we celebrate their involvement, and accomplishment. We hope you enjoy the summer holidays, and take a well-deserved break, keeping active and healthy with your family and friends. Here at Kelly Sports, Kelly Mini Sports and Kelly Club, we will be taking a break, while progressing with exciting holiday programs throughout December and January and the numerous summer race days.

Merry Christmas and a happy New Year!



## Coach of the Term Term Four, 2015



**Name: Jerico James Gapay**  
**Coaching Areas: Burwood and Dingley**

**How long have you been coaching at Kelly Sports for?** I started last year; this will be my third term.

**What do you enjoy most about coaching?** Seeing the improvements of the students that you're teaching and knowing that you've done your best to contribute to their growth.

**What is your favourite sport?** My favourite sport is Basketball.

**What has been your greatest achievement in sport?** Coming second in the under 17's basketball inter school competition back when I was in high school.

**What else do you like doing in your spare time?** I like to watch different types of sports and try to follow them (tennis, rugby and a bit of soccer) and go out and shoot some hoops.

**Who is your most admired sports person?** I'm a basketball fan, and I grew up watching Kobe Bryant. So it's safe to say that he is my sporting idol.

**What is your favourite food?** Don't really have any food in particular, but I like eating "butter chicken" and "sushi"

**Any advice for young players?** "Keep working hard, learn as much as you can and make sure you enjoy it, while giving it your 100% best."

## Term Four Recap • Kelly Sports

**Kelly Sports Multi Sport Program** Spring into Sports was a fantastic way to enter into the warmer weather, with the kids learning Soccer, Hockey, Cricket, Basketball and Team Games over the ten weeks of term four. The cricket season begun again, and the children have had a great time in sessions batting and bowling like their favourite super stars. Soccer was a favourite, with kids extending their teamwork, tactical play, and building on their dribbling, trapping, and passing skills. Basketball was back in action for the first time since term two! The kids loved testing their dribbling, passing, and catching skills. While coaches spent time developing defence and attack in game play situations.

**Kelly Sports Dance** this term was End of Year Cheer received extremely well by all participants! The cheer routine held gymnastics style moves, with challenging bends stretches and jumps! The dance was taught in sections over ten weeks, with each new part being posted on the Kelly Sports Facebook for kids to practice and watch at home. The dance class was a hit in all schools, with the end routine looking FANTASTIC, being performed in some school assemblies and recorded for parents and families to watch and enjoy at home.

**Kelly Sports Tennis** was back this term. Kids were enthusiastic and eager to once again work on their skills. We opened a new program in Sunbury, which was a fresh change to the gymnastics program there and saw a high participation level throughout the program. In the sessions, coaches taught forehand, back hand shots, and serving techniques. The children worked independently and in partners practising singles, and doubles. From the start of the term, coaches saw the kids gradually

gaining confidence and skill with the racquets. We look forward to Tennis starting again in term one, 2016!

**Kelly Sports Holiday Programs** in the spring holidays we had an action packed two weeks. Some of the kid's favourite activities included a tennis incursion, pizza day, a ripper rugby world cup, and a footy themed day to celebrate the exciting footy final. Over the two week program we saw lots of new face, high numbers, fantastic involvement from the kids, and great weather for all our fun filled sports days. Session plans were made for all level of skill and ability, with a variety of activities and games for all!

**Kelly Sports Pre School** fundamental skill program went well throughout the many new locations, with enthusiastic new faces and fantastic numbers. The coach's preparation for our participants moving to prep next year was evident and successful, as they showed confidence and independence in their session development. The kids at all kinders enjoyed summer sports, with the weather allowing full, enjoyable sessions including cricket, basketball and invasion games. Hand/eye coordination was taught through catch and throw, aiming at targets and utilising the use of new equipment, such as beanbags. This year we have seen much improvement in our main areas of basic motor skill development, these include running, jumping, catching, throwing, and kicking. Teaching these skills through a variety of games and activities children stay engaged, enthusiastic and energised.



## Recap • Corporate Events

Corporate Events have been plentiful throughout term four as we moved into summer, our biggest racing season yet! Corporate events included curriculum programs, race days, birthday parties, family days out, carnivals, and many other events that are fun for the whole family!

**Term four curriculum programs** were successful; with our Physical Education program being run at St Dominic's Primary School. Kelly Sports Physical education teachers plan and deliver curriculum programs and run school sports. At St Dominic Primary School we coordinated and ran a School Sports Day with approximately 250 children from a range of year levels.

**Kelly Sports Birthday Parties** have been hosted in various locations around Victoria, with the favourite theme chosen in term four was 'Soccer.' Coaches run the birthday party with games, sporting activities and give out balloons, prizes for all the kids and have a special Kelly Sports birthday present for the birthday boy or girl! We have loads more booked in for the summer period, if your interesting in your child having an active, fun filled party get on our website for more details!

Leading up into **Christmas** we have done a number of private events for companies like Balance, Visy, Kew Golf Club, and Deakin University. We deliver sports based activities to keep the kids engaged at private events such as Christmas parties, and staff end of year break ups, so that attendees can enjoy their time and the kids are entertained!

**The race day calendar** was full on this term and we are booked up into 2016. We are coordinating and running many race days for Country Racing Victoria, Greyhound Racing Victoria and Victoria Racing Club throughout the entire summer. Each race day is unique and we plan and deliver a range of activities and sports for the large amount of children there to get involved and have fun on the day.

Throughout term four and coming up into the Christmas period we have already seen many Country Racing Victoria events, with hundreds of kids having fun and getting involved. We run team games, sports, challenger zones, and arts and crafts.

Greyhound Racing Victoria has a new focus for their race days and events this season with the summer campaign 'Little Big Day Out.' The spotlight is entertainment and fun for the kids with more kids activities, karaoke, and sports on the race days. Recently we coordinated a big day for 'Hume Cup' with many more exciting race days to come.

Emirates Stakes Day was a fantastic family race day held at Flemington Race Course, run by Victoria Racing Club. It is the biggest race day for Kelly Sports with over 50 of our staff and contractors, running two main kids zones, in General Admission and the Nursery. All the children were involved and active throughout the day, with sports, arts and crafts, games, bouncy castles, face painting, mini golf, and balloonists. The day was a success for racing, and families enjoyed a race day where kids were a main focus.



## Recap • Kelly Mini Sports



**Kelly Mini Sports** had a fantastic term four with numbers reaching 800 kids! This is a huge number compared to the 300 in term one. We continued our main sports, also running tennis again from the fantastic response we had in term three from kids and parents. As a recent addition to the tennis coaching, we have added balloons as new equipment to the session in order to further our skill based learning. Using different equipment to deliver coaching is a fun way to get kids familiar with the racquets. Coach Simon introduced the 'Frog in the Pond' game this term, for the Giant Classes, which the kids have responded well to and love to play! As this term marks the end of the year, we've loved seeing the little ones progress and grow, as they are challenged and look forward to their step up next year. In term one, 2016, a lot of kids will move up to older age groups. For the mini's move to bigs, the main challenge is that they are encouraged to do most of the session independently, for big's move to giants, the challenge will be to hold child engagement and interest as the skills are of a higher difficulty. We have strong confidence in our groups move and look forward to congratulating the little ones at the end of term four.

## Recap • Kelly Club



**Kelly Club** throughout term four has grown with the kids, as the group of children in each location have developed and learnt together throughout the year. The themes involved lots of water activities, outdoor discovery, and spring life and garden projects as the weather became warmer. We saw a new Holiday program location open up for two of our Kelly Club's in Melbourne Western suburbs, with new faces and loads of energetic days filled with arts and crafts, loads of games, discovery time and loads of competitions and prizes! Our Kelly Sports coach's taught sports each week, and the Dance coach got us on board with 'End of Year Cheer' dancing our way to the summer holidays with gymnastic style moves. Two of our Kelly Club's held a 'Cheer off' against each other through the big screen, with judges, prizes and fans to celebrate what we had learnt and achieved at dance this term. Some of the Kelly Clubs ran a 'Christmas themed month' throughout December with Santa stockings, advent calendars, decoration arts and crafts and loads of sports and games associated with Christmas.



## Interview: A Christmas Special

**As we come into the festive season, the children are asking can we talk to Santa? We thought we would interview Santa Claus with questions from Kelly Sports, Kelly Mini's and Kelly Club kids!**

**How do you get around the whole world in one night?** I'm energized by the work that I do to bring happiness and joy to so many people. I have a sleigh drawn by a team of reindeer, a car, train, jet, snowmobile, speedboat, helicopter, and a shiny red fire engine. Because of all the time zones, the children in one part of the country are just going asleep, while others are starting to wake up.

**After eating so many cookies do you get stuck in the chimneys?** I do love cookies! But I keep fit and healthy during the year playing lots of sports and games with my family and all the elves. So that on Christmas Eve I can have holiday treats and still fit through all the chimneys!

**Do you play sport? What is your favourite?** I love all sports! It's so exciting to travel around the world each year and try out all the different sports the kids play in different countries. At the moment, my favourite would be tennis.

**What do your reindeers like to eat?** My reindeers like to eat carrots and hay, as they need a healthy diet and lots of strength for all the exercise they do!

**Why are some kids afraid of Santa?** Dealing with the tears of those who have what I call "Santaphobia" makes me sad, very often, a year-and-a-half to 2-year-olds go through a period when they're extremely terrified of how I look. I've tried to do little experiments to try to figure out - is it the beard?

**Do you get cold in the North Pole?** It is freezing! But I stay warm keeping active, playing games with the reindeers and visiting all the children.



**Do you read all of the letters you get from children around the world?** The information comes in through a variety of sources. But it can be just as simple as children passing me a note. Kids still bring their letters to me. They go right into my pockets. This year we received lots of cards, letters, videos, emails and texts—and every single one is read. At night, after a hard's day work, Mrs. Claus and I like to sit by the fire and read aloud the old-fashioned handwritten notes with beautiful crayon drawings of Rudolf, elves and candles.

**Is Rudolf still your favourite reindeer?** I wouldn't necessarily call him my favourite, but I have a great deal of respect for him because he had to overcome being bullied. I've always been proud of him for working through that.

**Is there actually a naughty or nice list?** Yes, that's right. Children who use manners and help others, even sticking up for those who may seem different, make the nice list. For the boys and girls who were a little naughty, it's never too late to start. Mrs. Claus is a big believer in forgiveness, and fresh starts.

**What does Christmas mean to you, can we all celebrate it?** Certainly, it is universal. It's found in all religions and in all people. What I am about is unconditional love. As you grow old, like me, your Christmas list gets smaller. The things you really want can't be bought. Happiness isn't found in things. Happiness comes from being grateful for what you already have, and enjoying the people around you like your family and friends.



# KIDS STAR OF TERM FOUR 2015

**Lola Curtin** from Kelly Mini Sports Hawthorn, Victoria

**Favourite sport: basketball**

**Favourite Colour: pink**

**Favourite Food: fried rice**

**How long have you been attending Kelly Mini Sports: 8 months**

**What do you as a parent like most about Kelly Mini sports:** I like the structure of the class, the coaches are always so engaging and supportive, the classes ensure interaction between children and opportunities to share between each other, and most of all, the children have an absolute ball and Lola looks forward to it every week!

## Programs coming up for Term One, 2016...

### Kelly Sports

#### Scorching Summer Sports

The Multi Sport program is back in action for our summer months! In term one we are starting in five new schools, with four sports; Soccer, Basketball, Cricket and Ultimate Frisbee. The sessions run at lunchtime and after school, dependant on location. This program challenges and improves motor and coordination skills, while also providing development in a variety of other sporting skills, including catching, throwing and kicking.

### Terrific Tennis

**BE THE NEXT TENNIS SENSATION!** Our tennis program will run off the back of the exciting Australian Open where your kids can learn to play like the stars. Coaching will ensure your child will develop new skills, build coordination and awareness, and increase their confidence. As well as allowing your child to learn and play fairly and have fun in an enjoyable environment.

### Kelly Sports Dance

All year the kids have had a great time doing different types of dances including; modern dance, street dance and cheerleading. Join us in the New Year for our new **Hip Hop** dance program! A trained dance teacher, coaches our sessions for boys and girls, learning weekly moves and a routine to perform!

### Gym Club

**BEND YOUR WAY TO GYM CLUB THIS TERM!** This fast paced, highly active and nonstop program is an introduction for your child to the world of gymnastic. Colourful Ribbons, Entertaining Hula Hoops, Fantastic Rhythmical Routines and Group Dynamics allow your child to build up their thirst for energetic activities.

### Circus Skills

**WHO LIKES TO ACT LIKE A CLOWN?** Learn to juggle, spin plates, use devil sticks and have lots of fun with all our exciting circus skills equipment! This nine week course also includes skipping drills, hula hoops and encourages participants to use their creative minds to put together their own circus performance.

### Pre-Schools

Our short, eight-week program will focus on striking, invasion games and teamwork. For session focus Using targets and softballs initially, then building up to using racquets and tennis balls for skill progression. Invasion games enhance the children's spatial awareness, while the majority of sessions will have a large part dedicated to teamwork, building cooperation, respect, and fairness among the group.

### Holiday Programs:

IMount Waverley; Sunbury; Greenvale Summer Holiday Programs  
The Kelly Sports scorching summer holiday programs will be a hit this January. You'll find us in three locations from **Monday 18th January – Wednesday 27th January, 8am – 5pm each day excluding Australia Day**. Enjoy hot summer sports, competitions, giant board games, water games, sports quizzes and lots of prizes! Enjoy these school holidays at a program that is designed to help kids develop basic skills such as kicking, throwing and catching in a safe, fun, and engaging environment. Sports included these holidays are; Basketball, Netball, Cricket, Rippa Rugby, T-Ball, AFL, Soccer, Tennis, Dancing, Gymnastics and many more.  
Head online to **www.kellysports.com.au** to **ENROL NOW!**

### Kelly Mini Sports

Engaging, motivating and developing skills through basketball, soccer, cricket, soccer, tennis

1 – 2.5 year olds: Coordination, gross motor skills, social skills, teamwork

2.5 – 3.5 year olds: Fine motor skills, group discipline, focus, teamwork, social development

3.5 – 5 year olds: Skill based learning, independent participation, confidence and teamwork.

Watch out for our new locations opening in Term One, 2016 in Sydney! Coach Micheal will be taking Mini's to New South Wales, beginning sessions in North Sydney, Parramatta, Castle Hill, Thornleigh, Manly Vale, and Newtown North. Bookings are high for term one, it will be a busy year ahead!

### Kelly Club

Before, after school care and holiday programs for outside of school care school care:

Sports, craft, arts, cooking, games, dance, excursions, and extracurricular days.

An exciting new Kelly Club holiday program is opening up in Sunshine, Victoria over Decemeber and January these summer holidays, with excursions, incursions, and loads of fun and exciting activities! We are an OSHC program and are government approved, with prices for a full day starting at \$6.00!

## Customer Feedback

**'My daughter thoroughly enjoyed the netball last term, and [since starting the program] wants to do netball outside of school due to her liking the sport so much! Her athletic ability has exceeded in a positive way, Kelly Sports provides a fantastic program for young ones to get fit and healthy.'**

**- Geneive, Mum, Kelly Sports Multi Sport Program**

**'My son has been to three sessions of Kelly Mini Sports, and has already begun developing his basic motor skills! He has a lot more development to go, and this will come as he continues with the program. He talks about Kelly Mini's outside of the program, and is devastated when leaving at the end of a session! He loves the music, singing, running and sporting activities. I'm happy with the payment system, as it is helpful and affordable as a parent! Overall, my son loves Kelly Mini Sports and cannot wait for the New Year!'**

**- Natalie, Mum, Kelly Mini Sports Program**

**For more information, contact head office: (03) 9384 2240 or visit our website: [www.kellysports.com.au](http://www.kellysports.com.au)**

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