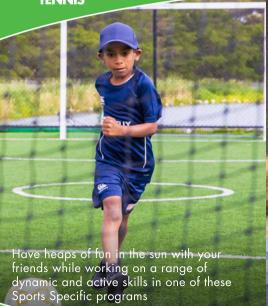
# MT RIDLEY COLLEGE GYMNASTICS

JAZZ FUNK DANCE

# SPORTS SPECIFIC PROGRAMMES

SOCCER BASKETBALL TENNIS









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## SPORT SPECIFIC PROGRAMMES

TERM 2 2020 INFORMATION

# GYMNASTICS PROGRAMME

TERM 2 2020 INFORMATION

DANCE PROGRAMME

TERM 2 2020 INFORMATION

Programmes run weekly on one day a week for one hour.

This term we have 3 seperate sport specific programs!

Soccer - Monday's Basketball - Wednesdays

Tennis - Thursdays

These program will include the following:

✓ Skills Practice 
✓ Match Play 
✓ Modifeld Game

For Prep - Year 4 students.

PROGRAM: Soccer START DATE: 4th May

END DATE: 22nd June (No session June 8th)

COST: \$84 or 7 weeks

PROGRAM: Basketball START DATE: 6th May END DATE: 24th June COST: \$96 for 8 weeks

PROGRAM: Tennis START DATE: 7th May END DATE: 25th June COST: \$96 for 8 weeks

#### **BOOK EARLY & SAVE**

Use the voucher code 'earlybird' before April 3rd to recieve a 10% discount

Programmes run weekly on one day a week for one hour.

This terms Gym will include the following:

✓ Sits & Holds ✓ Jumps & Landings ✓ Modified Games ✓ Rhythmic Gymnastics ✓ Cartwheels & Handstands

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

For Prep - Year 4 students.

#### \$84 FOR 7 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Monday's START DATE: 4th May END DATE: 22nd June TIME: 3:20pm to 4:20pm

No session June 8th due to Queens Bday

### **BOOK EARLY & SAVE**

Use the voucher code 'earlybird' before April 3rd to recieve a 10% discount

Programmes run weekly on one day a week for one hour.

This term dance will include the following:

✓ New Routine
 ✓ Weekly Steps
 ✓ Dance Games
 ✓ End of Term Performance

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

For Prep - Year 4 students.

### **\$96 FOR 8 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Tuesday's START DATE: 5th May END DATE: 23rd June TIME: 3:20pm to 4:20pm

### **BOOK EARLY & SAVE**

Use the voucher code 'earlybird' before April 3rd to recieve a 10% discount

**GET IN TOUCH** 

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