

MT RIDLEY COLLEGE

SPORTS SPECIFIC PROGRAMMES

SOCCER
BASKETBALL
TENNIS



Have heaps of fun in the sun with your friends while working on a range of dynamic and active skills in one of these Sports Specific programs

HIP HOP DANCE



Throughout the term, students will have the opportunity to move, groove, spin and bop to the sound of their favourite tunes, alongside our very experience dance instructor. Y

GYMNASTICS



This fun fast paced, highly active and non-stop program is an introduction for your child to the world of gymnastics.



BOOK ONLINE NOW AT
KELLYSPORTS.COM.AU



SPORTS SPECIFIC PROGRAM

TERM 1 2019 INFORMATION

Programmes run weekly on one day a week for one hour.

This term we have 3 separate sport specific programs!

Soccer - Monday's

Basketball - Wednesday's

Tennis - Thursday's

These program will include the following:

✓ Skills Practice ✓ Match Play ✓ Modified Game

For Prep – Year 4 students.

PROGRAM: Soccer

START DATE: 10th February

END DATE: 23rd March (No session Feb 17th & Mar 9th)

COST: \$60 for 5 weeks

PROGRAM: Basketball

START DATE: 12th February

END DATE: 18th March

COST: \$72 for 6 weeks

PROGRAM: Tennis

START DATE: 13th February (No session 26th Feb)

END DATE: 19th March

COST: \$60 for 5 weeks

BOOK EARLY & SAVE

Use the voucher code 'TERM12020' before Jan 24th to receive a 10% discount

DANCE PROGRAMME

TERM 1 2019 INFORMATION

Programmes run weekly on one day a week for one hour.

This terms dance will include the following:

✓ New Routine ✓ Weekly Steps ✓ Dance Games

✓ Hip Hop Theme ✓ End of Term Performance

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

For Prep – Year 4 students.

\$72 FOR 6 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Tuesday's

START DATE: 11th February

END DATE: 17th March

TIME: 3:20pm to 4:20pm

BOOK EARLY & SAVE

Use the voucher code 'TERM12020' before Jan 24th to receive a 10% discount

GYMNASTICS PROGRAMME

TERM 1 2019 INFORMATION

Programmes run weekly on one day a week for one hour.

This term Gym will include the following:

✓ Sits & Holds ✓ Jumps & Landings ✓ Modified Games

✓ Rhythmic Gymnastics ✓ Cartwheels & Handstands

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

For Prep – Year 4 students.

\$72 FOR 6 WEEKS

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Monday's

START DATE: 10th February

END DATE: 23rd March

TIME: 3:20pm to 4:20pm

No session March 9th due to labour day

BOOK EARLY & SAVE

Use the voucher code 'TERM12020' before Jan 24th to receive a 10% discount

GET IN TOUCH

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