KELLY SPORTS WJR CLUB

WALK JOG RUN FOR ALL AGES - 1-99!

Learn new skills | Resilience building | Fun Games | Being a good sport | Teamwork | Understanding how to run | Confidence building | Positive health & wellbeing focus | Receive training from Australian National Running Champion Scottie McTaggart!

Tuesdays & Thursdays 4pm & 5pm, Sundays 2pm at Stromlo Forest Park Cross Country Course

Launch Date - Sunday 4th May at 2:00pm Program Runs Every weekend except School Holiday

First session free plus a free beer or coffee!

Kelly Sports WJR is for All AGES! Please register your attendance www.kellysports.com.au/act Program cost is \$5.00 per session only pay for the sessions you attend via the booking system on the Kelly Sports Website Trophies for most improved across the seasons!

RECEIVE TRAINING FROM AUSTRALIAN NATIONAL RUNNING CHAMPION SCOTTIE MCTAGGART DISCOUNTS FOR SIBLINGS - SPECIAL CONSIDERATION FOR FAMILIES ON LOW INCOMES



ULTIMATE FRISBEE - HANDBALL - BASKETBALL -SOCCER - TOUCH - TENNIS - 2 TO 13 YEAR OLDS

 Basketball - Stromlo High School - Badimara Cres Waramanga
 Saturday AM

 Soccer - St Bedes Primary School - Red Hill
 Saturday AM

 Soccer - St Clare of Assisi Primary School - Conder
 Saturday AM

 Touch Football - Deakin Playing Fields - Makin Place
 Saturday PM

 Tennis - St Bedes Primary School - Red Hill
 Saturday PM

Basketball - St Claire of Assisi Primary School - Conder Basketball - St Bedes Primary School - Red Hill Soccer - Stromlo High School - Badimara Cres Waramanga European Handball - St Bedes Primary School - Red Hill Ultimate Frisbee - Deakin Playing Fields - Makin Place

Morning Session Times

2 - 4 year olds 9:00am to 9:45am 5 - 7 year olds 9:45am to 10:30am 8 - 10 year olds - 10:30am to 11:15am 11 - 13year olds - 11:15am to 12:00pm

Afternoon Session Times

2 - 7 year olds 1:00pm to 1:45pm 8-13 year olds 1:45pm to 2:30pm

THIS IS WHERE THE FUN BEGINS

SIGN UP ANYTIME AND ONLY PAY FOR THE WEEKS REMAINING IN THE TERM -Discounts for Siblings - Special Consideration for Families on low Incomes



GET 40% OFF SELECTED NEW BALANCE PRODUCTS, JUST FOR BOOKING WITH KELLY SPORTS IN TERM 2.

Sunday AM

Sunday AM

Sunday AM

Sunday PM

Sunday PM

CONTACT: SCOTTIE MCTAGGART

CALL: 0418 399 139 EMAIL: scott@kellysports.com.au

FOR MORE INFORMATION OR TO BOOK VISIT WWW.KELLYSPORTS.COM.AU/ACT

HIGH SCOOL HOLIDAY PROGRAM **KELLY** SPORTSPI School Holiday Jogram Smaple Week

\$55 a Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY PUBLIC HOLIDAY
7:30 TO 9:00	Intro & challenge zone	Intro & challenge zone	Intro & challenge zone	Intro & challenge zone	Intro & challenge zone
9:00 - 10:00	Coach us Kids	Inflatable Volleyball	AFL	Cricket	NERF WARS
10:30 - 11:30	Soccer Showdown	Basketball Bonanza	NERF WARS	Ninja Warrior	Soccer Showdown
11:30 - 12:00	Rapid Fire Cricket	Ultimate Frisbee	Tug of War	Capture the Flag	Crazy Games
LUNCH TIME & STRUCTURED ACTIVITIES	KELLY SPORTS SPRINT RACE	FREE THROW SHOOT OUT	LEGO COMPETITION	NEAREST TO THE PIN GOLF CHALLENGE	
1:30 - 2:30	The Great Scavenger Hunt	Tennis	Soccer	Mini Golf Madness	AFL
2:30 - 3:30	T-Ball	Netball	Touch Rugby	Basketball	Cricket
SNACK BREAK					
4:00 - 5:00	Tug of War	Team Building Games	Parachute Games	Kids Choice	Amazing Race



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WWW.KELLYSPORTS.COM.AU/ACT - SEARCH STROMLO

Canberra Southern Cross Club Race Day 18th April 2025 26th April 2025

Bums Club Memorial **Race Day**

Thoroughbred Park

FREE Kelly Sports

