

# MT RIDLEY COLLEGE

## SPORTS SPECIFIC PROGRAMMES

SOCCER  
BASKETBALL  
TENNIS



Have heaps of fun in the sun with your friends while working on a range of dynamic and active skills in one of these Sports Specific programs

## HIP HOP DANCE



Throughout the term, students will have the opportunity to move, groove, spin and bop to the sound of their favourite tunes, alongside our very experience dance instructor. Y

## GYMNASTICS



This fun fast paced, highly active and non-stop program is an introduction for your child to the world of gymnastics.



BOOK ONLINE NOW AT  
**KELLYSPORTS.COM.AU**



# SPORTS SPECIFIC PROGRAM

TERM 1 2020 INFORMATION

Programmes run weekly on one day a week for one hour.

**This term we have 3 separate sport specific programs!**

Soccer - Monday's

Basketball - Wednesdays

Tennis - Thursdays

**These program will include the following:**

✓ Skills Practice    ✓ Match Play    ✓ Modified Game

**For Prep – Year 4 students.**

PROGRAM: Soccer

START DATE: 10th February

END DATE: 23rd March (No session Feb 17th & Mar 9th)

COST: \$60 for 5 weeks

PROGRAM: Basketball

START DATE: 12th February

END DATE: 18th March

COST: \$72 for 6 weeks

PROGRAM: Tennis

START DATE: 13th February (No session 27th Feb)

END DATE: 19th March

COST: \$60 for 5 weeks

## BOOK EARLY & SAVE

Use the voucher code 'TERM12020' before Feb 10th to receive a 10% discount

# DANCE PROGRAMME

TERM 1 2020 INFORMATION

Programmes run weekly on one day a week for one hour.

**This terms dance will include the following:**

✓ New Routine    ✓ Weekly Steps    ✓ Dance Games

✓ Hip Hop Theme    ✓ End of Term Performance

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

**For Prep – Year 4 students.**

**\$72 FOR 6 WEEKS**

**Sign up anytime and only pay for the remaining weeks left in the term**

DAY: Tuesday's

START DATE: 11th February

END DATE: 17th March

TIME: 3:20pm to 4:20pm

## BOOK EARLY & SAVE

Use the voucher code 'TERM12020' before Feb 10th to receive a 10% discount

# GYMNASTICS PROGRAMME

TERM 1 2020 INFORMATION

Programmes run weekly on one day a week for one hour.

**This term Gym will include the following:**

✓ Sits & Holds    ✓ Jumps & Landings    ✓ Modified Games

✓ Rhythmic Gymnastics    ✓ Cartwheels & Handstands

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

**For Prep – Year 4 students.**

**\$72 FOR 6 WEEKS**

**Sign up anytime and only pay for the remaining weeks left in the term**

DAY: Monday's

START DATE: 10th February

END DATE: 23rd March

TIME: 3:20pm to 4:20pm

No session March 9th due to labour day

## BOOK EARLY & SAVE

Use the voucher code 'TERM12020' before Feb 10th to receive a 10% discount

## GET IN TOUCH

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Kelly Sports Australia

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