

# MT RIDLEY COLLEGE

## SPORTS SPECIFIC PROGRAMMES

SOCCER  
BASKETBALL  
TENNIS



Have heaps of fun in the sun with your friends while working on a range of dynamic and active skills in one of these Sports Specific programs

## END OF YEAR CHEER DANCE



It's the end of the year and it's time to cheer! Combining Hip Hop and Cheerleading to create a new and fresh routine in our high intensity, excitement-filled programme.

## GYMNASTICS



This fun fast paced, highly active and non-stop program is an introduction for your child to the world of gymnastics.



BOOK ONLINE NOW AT  
**KELLYSPORTS.COM.AU**



# SPORTS SPECIFIC PROGRAM

TERM 4 2019 INFORMATION

Programmes run weekly on one day a week for one hour.

**This term we have 3 seperate sport specific programs!**

Soccer - Monday's

Basketball - Wednesdays

Tennis - Thursdays

**These program will include the following:**

✓ Skills Practice    ✓ Match Play    ✓ Modified Game

**For Prep – Year 4 students.**

**\$88 FOR 8 WEEKS, 3:20PM TO 4:20PM**

Sign up anytime and only pay for the remaining weeks left in the term

PROGRAM: Soccer

START DATE: 21st October

END DATE: 16th December (No session Nov 4th)

PROGRAM: Basketball

START DATE: 23rd October

END DATE: 11th Decemeber

PROGRAM: Tennis

START DATE: 24th October

END DATE: 12th December

## BOOK EARLY & SAVE

Use the voucher code 'SPRING10' before October 7th to receive a 10% discount

# DANCE PROGRAMME

TERM 4 2019 INFORMATION

Programmes run weekly on one day a week for one hour.

**This terms dance will include the following:**

✓ New Routine    ✓ Weekly Steps    ✓ Dance Games

✓ Cheerleading Theme    ✓ End of Term Performance

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

**For Prep – Year 4 students.**

**\$88 FOR 8 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Tuesday's

START DATE: 22nd October

END DATE: 17th December

TIME: 3:20pm to 4:20pm

No Session Nov 5th - Melb Cup Day

## BOOK EARLY & SAVE

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# GYMNASTICS PROGRAMME

TERM 4 2019 INFORMATION

Programmes run weekly on one day a week for one hour.

**This term Gym will include the following:**

✓ Sits & Holds    ✓ Jumps & Landings    ✓ Modified Games

✓ Rhythmic Gymnastics    ✓ Cartwheels & Handstands

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm and participation and the life skills that such involvement brings – giving them increased confidence in the future.

**For Prep – Year 4 students.**

**\$88 FOR 8 WEEKS**

Sign up anytime and only pay for the remaining weeks left in the term

DAY: Monday's

START DATE: 21st October

END DATE: 16th December

TIME: 3:20pm to 4:20pm

No Session Nov 4th - Curriculum Day

## BOOK EARLY & SAVE

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## GET IN TOUCH

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